

SEPSIS SYMPTOMS IN BABIES AND CHILDREN

Go straight to A&E or call 999 if your child has any of these symptoms:

Looks mottled, bluish or pale

Is very difficult to wake

Feels abnormally cold to touch

Is breathing very fast

Has a rash that does not fade when you press it

Has a fit or convulsions

Get medical advice urgently from NHS 111

If your child has any of the symptoms listed below, is getting worse or is sicker than you would expect (even if their temperature falls), trust your instincts and seek medical advice from NHS 111

Temperature

A temperature over 38c in babies under 3 months

A temperature over 39c in babies aged between 3 to 6 months

Any high temperature in a child who cannot be encouraged to show interest in anything

A low temperature (below 36c check 3 times in a 10 minute period)

Breathing

Finding it much harder to breathe than normal - looks like hard work

Making "grunting" noises with each breath

Cannot say more than a few words at once (for older children who normally talk)

Breathing that obviously "pauses"

Toilet/nappies

Not had a wee or wet nappy for 12 hours

Eating and Drinking

New baby under 1 month old with no interest in feeding

Not drinking for more than 8 hours (when awake)

Bile-stained (green) bloody or black vomit/sick

Activity and body

Soft spot on a baby's head is bulging

Eyes look "sunken"

Child cannot be encouraged to show interest in anything

Baby is floppy

Weak "whining" or continuous crying in a younger child

Older child who is confused

Not responding or very irritable

Stiff neck especially when trying to look up and down

SEPSIS SYMPTOMS IN OLDER CHILDREN AND ADULTS

Early symptoms

Early symptoms of sepsis may include:

A high temperature or a low body temperature

Chills and shivering

A fast heartbeat

Problems or changes to your breathing

Feeling or acting differently from normal - you do not seem your usual self

Many of the symptoms of sepsis are also associated with meningitis.

The first SYMPTOMS OF MENINGITIS are often fever, vomiting, a headache and feeling unwell.

SEPTIC SHOCK

In some cases, symptoms of more severe sepsis or **Septic shock**, when your blood pressure drops to a dangerously low level, develop soon after.

These can include:

Feeling dizzy or faint

A change in mental state, such as confusion or disorientation

DIARRHOEA

Nausea and Vomiting

Slurred speech

Severe muscle pain

Severe breathlessness

Less urine production than normal- for example, not urinating for a day

Cold clammy or mottled skin

Loss of consciousness

WHEN TO GET MEDICAL HELP

Seek medical advice urgently from NHS111 if you have recently had an infection or injury and have possible early signs of SEPSIS.

If SEPSIS is suspected, you'll usually be referred to hospital for further diagnosis and treatment.

Severe SEPSIS or SEPTIC SHOCK are medical emergencies. If you think you or someone in your care has one of these conditions , go straight to A&E or cal 999.

More information can be found on www.nhs.uk



Make sure the Surgery has your latest contact details